



# VICTORIA ACADEMY

Issue 17 - 19th January 2018

**KARATE:** A reminder that Natalie Woodburn will be running Karate lessons starting again tomorrow Friday 19th January. The sessions run for 8 weeks and the cost is £30. If your child would like to take part please ask for a booking form at the office.



**YEAR 6 EDINBURGH VISIT:** Just a reminder that the next instalment of £60 is due to be paid by next Monday 22nd January 2018.

**YEAR 5 CONISTON VISIT:** Thank you to those who have already paid the £35 deposit for the Coniston Trip. Please can we ask if you are yet to do so please send it into school by next Wednesday 31st January. Thank you

**YEAR 5 SPORTS TRANSITION:** Year 5 children have been invited to attend a Sports Transition Day at Furness Academy on Friday 26th January. The day will feature activities focusing around the disciplines of Sports Science including effects of sports drinks on the body, performance analysis (trampolining). Please can you make sure your child is at school by 8.40am prompt wearing their P.E kit. They will also need a named water bottle. Furness Academy are kindly providing a free lunch.

**YEAR 6 BIKEABILITY:** A reminder that those children who have booked a place will be doing the Bikeability training starting on Tuesday 29th January. You should have had a letter with course details and a slip to sign and return. Your child will need suitable clothing and their bike must be in good working order. Thank you



**LEGALLY BLONDE:** Our Year 5 children have been invited to watch 'Legally Blonde' performance at Dowdales School on Friday 2nd February. Children need to be at school for normal starting time and we will be back in time for lunch.



**SWIMMING GALA:** A reminder that **Friday 23rd March** we are holding our Swimming Gala at the Park Leisure Centre between 1.30pm - 3.00pm.

Seating for spectators will be provided on the poolside.

**All children participating in the event are to be collected from school at the normal time of 3.30pm.**



**MEALS FOR WEEK COMMENCING MONDAY 22nd JANUARY 2018**

| MONDAY   | TUESDAY   | WEDNESDAY                                | THURSDAY                                | FRIDAY                                  |
|--|---|--|---|---|
| Beef Bolognaise<br>&<br>Beans on Toast   | Hot chicken & pepper wrap<br>Or<br>Salmon Goujon wrap | Roast Turkey<br>Or<br>Sweet Tomato Pasta | Toad in the hole<br>Or<br>Quorn sausage | Breaded Fish<br>Or<br>Vegetable Lasagne |
| A choice of Jacket Potatoes and <b>Baguettes</b> with various fillings and salad available daily.<br>All the above are served with a selection of potato / vegetables and breads.  |   |  |   |   |
| Ginger sponge & custard  | Fruit Jelly   | Chocolate & Beetroot Muffin              | Ice-cream & Fresh Fruit Salad           | Shortbread Biscuit                      |
| A selection of fresh fruit, cheese & crackers or Yogurt available daily. Also milk, fruit juice or water.<br>Any concerns about allergens or special dietary needs please ask a member of staff or see the school website<br><a href="http://victoriaacademy.org.uk/School_Meals.html">http://victoriaacademy.org.uk/School_Meals.html</a> |   |  |   |   |